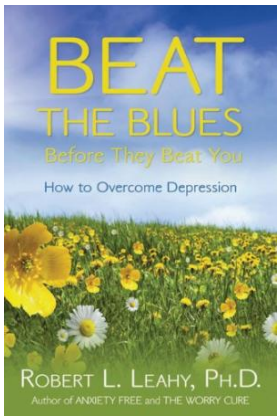
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BEAT THE BLUES BEFORE THEY BEAT YOU: HOW TO OVERCOME DEPRESSION



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